



# HDP FOUNDATION

David L. Watt, Founder

<http://www.hdpf.org>

*Volunteers for Dignity & Peace*

Human Dignity and Peace Foundation (HDP) is a volunteer-based organization. David L. Watt, HDP Founder and number one Volunteer, cherished this value and promoted volunteerism through personal example, sharing his vision with others. He delivered much needed children's clothing to orphanages and kindergartens, hygiene kits to nursing homes; started vegetable seeds distribution to rural Armenia in 2003. Others came to believe his dream for Armenia and shared his burden: school children from Armenian Red Cross helped with vegetables, others helped with seeds, hygiene kits and office set-up, etc. Current HDP staff started off as volunteers and grew into professionals.

**Our current volunteers** are medical, language and social students helping us compile data on youth with disabilities, develop questionnaires, visit and interview home bound youth, do office work.



We believe that "charity begins at home" and encourage volunteers to join us in our efforts to serve others, help those in need. In return, volunteers will acquire or improve computer and language skills, meet & get to know new people, do something worthwhile.



We have several activities you can be part of;

**Education for youth with special needs** – visit home bound youth, gather data, develop spreadsheets.

**Computers to rural schools** – once a year event, help deliver computers and keep track of them.

**Vegetable seeds to rural Armenia** – help distribute vegetable seeds, take records, visit beneficiaries for feedback.

**Fund raising** – help in networking, finding interested parties and donors, conducting research.



If you want to learn more about our programs & share your time, wisdom & efforts, contact HDP Volunteer coordinator Ruzan Ter-Ghazarian.

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*One of the things I keep learning is that the secret of being happy is doing things for other people.*

Dick Gregory



▶ Earl Watt, PhD, HDP Board Member, is a strong believer in "doing something worthwhile." He supports HDP financially and volunteers his time with HDP: twice a year he travels to Armenia to help out with variety of tasks: establishing seedling house for our garden projects, providing expert assistance, helping with reports; creating computerized data-base of youth with special needs. Earl is an international plant breeder, with years of experience in the US, Brazil, Thailand, etc. In the last 10 years he has been statistician and has lots of insights in records, analysis of statistics, etc. His volunteer services to HDP are invaluable.

*If you want a change, BE the Change*

Ghandi



HDP works with home-bound disabled youth; rural schools and communities and different NGOs. You can make a difference with care and commitment.

*Make the most of yourself, for that is all there is of you.*

Emerson



Kathleen Paduano, believes in HDP's pursuit of human dignity and peace. She supports HDP through personal donations and volunteerism. She is currently in Armenia for 2 months, helping us design educational and vocational programs for youth with special needs. Kathleen is an Occupational therapist with 20 years experience in inclusive education and disabilities in the US, Latin America. Education should be perceived as part of solution towards integration – Kathleen's efforts are addressed at turning this into a reality. Her spirit is contagious, her kindness – admirable.